



District Water Activity Weekend

Kit List

All kit must be in holdalls not rucksacks (rucksacks take up too much space in the cabins)

All items must be marked with your name

- Full and correct uniform
- Coat hanger (for uniform)
- 4 complete sets of activity clothes for wearing on the water (which will therefore get wet)
- 1 complete set of leisure clothes for evenings
- Sufficient underwear and socks
- 2 pairs soft soled shoes (old trainers etc; no metal buckles) – one pair for use on the water and one pair to remain dry for use inside the boat
- Waterproof top (cagoule etc.)
- Sun hat & Sun cream (**Suggest a wide brimmed hat**)
- Sleeping bag in a stuffer bag (not a plastic bag) (Pillow and slip are supplied)
- Handkerchiefs/tissues
- Nightwear
- Wash kit including high factor sun cream, after sun and lip salve
- Large towel and small towel
- Tea Towel (should be named if you want them back)
- Extra waterproof (plastic) bags for transporting wet kit home

Please take note of the following:

- If you wear glasses, please bring a **restraining strap**
- **Do not** wear any clothing such as woollen sweaters, jeans, baggy jogger bottoms etc that will become heavy when wet. Trousers/shorts and tops should be thin cotton type as these will dry easily
- **Do not** wear heavy shoes or boots
- You **must** always wear soft soled shoes whilst on the ship (old trainers etc)
- Long hair **must** be tied back for reasons of safety
- Any unclaimed clothing/property left at the end of the weekend will be disposed of

Not allowed: Electronic games, Radios, Personal stereos, iPods, Aerosol cans (except for medicines), Magazines, Books, Cards and Mobile Phones

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